



Paulerspury C.E Primary School

Sun Protection Policy

Date written:	<i>May 2016</i>
To be reviewed:	<i>Every two years</i>
Next review:	<i>May 2018</i>

Our policies are written with our School Values in mind. These are:

1. Care;
2. Courage;
3. Creativity;
4. Forgiveness;
5. Honesty;
6. Hope;
7. Perseverance;
8. Respect;
9. Responsibility;
10. Thankfulness; and,
11. Trust

Historic

Parent choice

Staff/Governor choice

Pupil choice

Rationale

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer. There is enormous potential for schools to prevent skin cancer in future generations.

Schools are central to protecting children's skin. This is because:

- Children are at school five out of seven days a week at times when UV rays are high.
- Most damage due to sun exposure occurs during school years.
- Schools can play a significant role in changing behaviours through role modelling and education.
- Students and teachers are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.
- Students spend an average of 1.5 hours outside per day, more if involved in sports or outdoor activities.
- Skin cancer is largely preventable through behaviour modification and sun protection during early years

At Paulerspury C.E. Primary School we want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this by raising pupil and parent awareness.

Implementation

We will achieve this by implementing these measures-

Curriculum

- Sun safety to be included in the PSHE curriculum.
- Shade - children will be encouraged to sit in the shade in the playground, outdoor areas and field.
- Sun shades (natural and man-made) will be available for children to sit under.
- The availability of shade is considered when planning excursions and all outdoor activities

Clothing

- Children should bring sun hats to school to wear at playtimes and during outdoor lessons in the summer term.
- Children may bring sunglasses with plastic lenses to school to be worn outdoors on bright days.
- Children should wear T-shirts which cover their shoulders for PE lessons.
- Sports tops should not include vest tops.
- All teachers, teaching assistants and lunch-time supervisors will be encouraged to wear hats and/or sunglasses when on playground duty and during sports lessons, when necessary.

Sun Screen

- Sun screen use will be encouraged on school trips and for outdoor lessons.
- Children are expected to bring their own sun screen and apply it themselves under appropriate adult supervision.
- Children may only use their own sun screen.
- Teachers will not apply sun screen to any children.
- Parents are asked to teach their children how to sensibly use and apply these screens and will clearly label them and put them in their child's bag for their own use.

Role modelling

- Encourage staff to act as role models by:
- Wearing protective hats, clothing and sunglasses when outside
- Apply SPF 15+ sunscreen
- Seek shade whenever possible

Collaboration

The school will aim to work with parents, Governors and the wider community to reinforce awareness about sun safety and promote a healthy school.

This policy has been developed using the Cancer Research UK SunSmart Guidelines for Primary Schools.

Review

The Governors and staff will monitor and review the policy every two years.