All Saints: **SONG** of Spirituality



How do we <u>connect</u> with ourselves? How do we express ourselves? Do we find time to be creative, questioning, experience silence, prayer, and reflection?

What motivates us; what values do we choose to put into practice? How can we improve ourselves?

How do we <u>connect</u> with others: friends, family, school, community, clubs? How do we deepen our relationship with others? Who or what inspires us?

How do we <u>connect</u> with the natural world? What do we see, hear, touch, smell, taste, feel? What do we find amazing or awe inspiring? How can we make our world a better place?

How do we <u>connect</u> with the miracle of life-why are we here? How should we live our life? What do we believe about a greater power? What impact does that belief have on our lives? Do we have the opportunity to think about and discuss these 'Big Questions'?